



Stomp Your Feet

Choreographed by **Shane McKeever (Ireland) (November 2016)**

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Description:	Phrased A/B/C A is 32 counts, B is 16, C is 32 counts. Advanced Line Dance
Music:	“Sing” Pentatonix. Approx 2.57 mins
Count In:	8 counts from start of track, dance begins on vocals. Approx 155 bpm
Sequence:	A, A, B, C, C, A, A(first 16 counts), B, C, C, B, B, C, C, last 8 counts of C
Video:	

Section	Footwork	End Facing
A1-8	R BRUSH, R STOMP, CLAP, L CLOSE, R SIDE, TWISTS WITH KNEE POPS, FULL TURN L	
1 2	Brush R next to L (1), stomp R to right side (<i>body angled to 1.30</i>) (2),	1.30
3 & 4	Clap hands (3), step L next to R (&), step R to right side (4),	1.30
5 6	Transfer weight L popping R knee in as you twist upper body left (5), transfer weight R popping L knee in as you twist upper body right (6)	12.00
7 8	Make full turn left on ball of L as you drag R foot behind (no weight) (7-8)	12.00
A9-16	R SIDE, L BACK BALL ROCK, L SIDE, R BACK BALL ROCK, R DIAGONAL, L DIAGONAL, R FWD, L KICK OUT OUT (this goes into next set of 8)	
1 & 2	Step R to right side (<i>big step</i>) (1), rock back on ball of L (&), recover weight R (2)	12.00
3 & 4	Step L to left side (<i>big step</i>) (3), rock back on ball of R (&), recover weight L (4)	12.00
5 6	Take big step R to right diagonal (5), take big step L to left diagonal (6)	12.00
7 8 & 1	Step forward R (7), kick L forward (8), step L to left side (&),	12.00
A17-24	R SIDE, 2X HOLD, CLAP, R SLAP, L SLAP, CLAP, 2X HOLD, STOMP DIAGONALLY FORWARD L-R-L	
1 2 3	Step R to right side(1), Hold (2, 3),	12.00
& 4 & 5	Clap hands (&), slap R hand to right thigh (4), slap L hand to left thigh (&), clap hands (5)	12.00
6 7 & 8	Hold (6, 7) stomp L slightly forward to left diagonal (&), stomp R slightly forward to right diagonal (8), stomp L slightly forward to L diagonal (&) <i>Styling: Knees are soft throughout counts 2 - 8</i>	12.00
A25-32	R BACK, L HITCH, L BACK, R HITCH, ROCKS IN PLACE FWD-BACK-FWD, ½ TURN L	
1 2 3 4	Step back R (1), hitch L knee (2), step back L (3), hitch R knee (4)	12.00
5 6	Step forward R pushing all weight forward to R (5), recover weight to L (6),	12.00
7 8	Push weight forward again to R (7), make ½ turn left transferring weight L (8)	6.00
B 1-8	R HEEL STRUT (ARMS), L HEEL STRUT (ARMS), R JAZZ BOX (ARMS)	
1 2	Touch R heel to right diagonal (1), drop R toe to floor (weight R) (2) <i>Arms: Bring both hands in towards belly button (1), spread both hands out to sides (elbows bent) (2)</i>	12.00
3 4	Touch L heel to left diagonal (3), drop L toe to floor (weight L) (4) <i>Arms: Take R hand up touching side of face (fingers near your temple) as back of L palm touches underneath R elbow (3), Tilt head to left (L hand stays in place, fingers of R hand remain on temple) (4)</i>	12.00
5 6 7 8	Cross R over L (5), step back L (6), step R to right side (7), cross L over R (8) <i>Arms: take both arms up and then down to sides (5,6,7,8)</i>	12.00
B 9-16	R SIDE LEANING R, LEAN L, R SIDE, L TOUCH, HOLD, L SIDE, R DRAG – ARMS THROUGH THIS SECTION	
1 2	Step R to right side leaning to right (R knee slightly bent) (1), transfer weight L leaning to left (L knee slightly bent) (2) <i>Arms: (Both wrists are bent at right angles and both arms are bent at the elbow at right angles): R arm is vertical and L arm is horizontal with R elbow on top of L wrist (1), L arm is vertical and R arm is horizontal with L elbow on top of R wrist (2)</i>	12.00
3 4	Step R to right side dragging L towards R (3), touch L next to R (4) <i>Arms: Put L hand on top of R and move both hands to right side of body ending with them at the side of R hip (3,4)</i>	12.00
5 6	Feet remain in place... <i>Arms: Keeping L hand on top of R make a ‘wave’ shape left (go up then down) across to L hip (5,6)</i>	12.00
7 8	<i>Arms relax naturally coming to sides.</i> Step L to left side (7), drag R towards L (weight remains L)(8)	12.00

C 1-8	4 X SAMBA STEPS (CROSS, BALL, ROCK) R-L-R-L	
1 & 2	Cross R over L (1), rock ball of L to left side (&), recover weight R (2)	12.00
3 & 4	Cross L over R (3), rock ball of R to right side (&), recover weight L (4)	12.00
5 & 6	Cross R over L (5), rock ball of L to left side (&), recover weight R (6)	12.00
7 & 8	Cross L over R (7), rock ball of R to right side (&), recover weight L (8)	12.00
C 9-16	R CROSS TOUCH, R SIDE TOUCH, R CROSS TOUCH, R SIDE, L TOUCH WITH 1/8 TURN R, HOLD, KNEE BOUNCES WITH ARMS	
1 2 3	Touch R across L (1), touch R to right side (2), touch R across L (3)	12.00
4 5	Take big step R to right side (4), make 1/8 turn right as you touch L next to R (5) <i>Arms: R arms swings down & all the way up in the air (arm is straight and palm is facing the up) (4,5)</i>	1.30
6 7 8	Hold (6), bounce knees twice (just bend and straighten them (7, 8) <i>Arms: R arm remains straight but wrist drops twice 'as if tapping a really tall person on the shoulder ;-')</i>	1.30
C17-24	1/8 R STEPPING L SIDE, R HITCH, 1/4 TURN R SIDE, L HITCH, L	
1 2	Make 1/8 turn right as you step L to left side (1), hitch R knee (2)	3.00
3 4	Make 1/4 turn right stepping R to right to right side (3), hitch L knee (4)	6.00
5 6	Step L forward to left diagonal (5), step R to right side (feet shoulder width apart) (6)	6.00
7 & 8	Kick L forward (7), step in place on L (&), touch R next to L (8)	6.00
C25-32	R FWD ROCK, R BACK, ARM MOVEMENTS, L FWD	
1 2 3	Rock forward R (1), recover weight L (2), step back R as you put hands together (elbows up) in 'prayer' position (3)	6.00
4	<i>Arms: Slide R hand up L (R wrist is sat on top of fingers of L hand) (4)</i>	6.00
5	<i>Arms: Drop palm of R hand down (it should be touching the back of L hand) (5)</i>	6.00
&	<i>Arms: L hand drops down (fingers of R hand are on top of L wrist) (&)</i>	6.00
6	<i>Arms: Drop palm of R hand down (it should be touching the back of L hand) (6)</i>	6.00
7 8	Step forward L (7), drag R towards L (weight remains L) (8) <i>Arms: with both wrists still at right angles straight both arms as you take them both out to sides (R to right side, L to left side)</i>	6.00

Sequence: A, A, B, C, C, A, A (first 16 counts), B, C, C, B, B, C, C, last 8 counts of C