

# Shut Up and Dance

Choreographed by Cody Flowers, co.flowers@gmail.com  
Description: Intermediate – 48 counts – 2 restarts (wall 3 & 5)

*Revised on: February 1, 2015*

Music: **Shut Up and Dance** by Walk the Moon

## **(1-8) Scuff, Touch Back, Twist, ¼ Turn L, Sailor Step, Sailor Step**

- 1 2 Scuff R, Touch R back
- 3 4 Twist body right (to look back at 6:00), ¼ Turn left stepping R to right side (9:00)
- 5&6 Step L behind R, Step R to right side, Step L to left side
- 7&8 Step R behind L, Step L to left side, Step R to right side

## **(9-16) Hitch, Toe Touch, Knee Pops, & Rock Recover, & Rock Recover**

- 1 2 Hitch L knee across body, Touch L back to left
- 3 4 Pop R knee toward L, Pop L knee toward R
- &5 6 Step R beside L, Rock L to left side, Recover weight R
- &7 8 Step L beside R, Rock R to right side, Recover weight L

## **(17-24) & Rock Recover, Back Lock Back, ¼ Turn L, Behind Side Cross**

- &1 2 Step R beside L, Step L forward rocking onto L, Recover weight R
- 3&4 Step back L, Lock R over L, Step back L
- 5 6 ¼ Turn right stepping R to right side (12:00), ½ Turn right stepping L to left side (6:00)
- 7&8 Step R behind L, Step L to left side, Cross R over L

## **(25-32) Rock Recover, Behind Side Cross, Big Slide, Together, ¼ Coaster Step**

- 1 2 Rock L to left side, Recover weight R
- 3&4 Step L behind R, Step R to right side, Cross L over R
- 5 6 Large step R to right side, Drag L to R
- 7&8 ¼ Turn left stepping back L (3:00), Step R beside L, Step L forward

## **(33-40) Kick and Touch, Kick and Touch, Cross in Front, Cross in Front**

- 1&2 Kick R forward, Step R beside L, Touch L to left side
- 3&4 Kick L forward, Step L beside R, Touch R to right side
- 5&6 Cross R over L, Step L to left side, Step R forward
- 7&8 Cross L over R, Step R to right side, Step L forward

\*\*Restart here on Wall 3 & 5.

## **(41-48) ¼ Box Turn, ¼ Box Turn**

- 1 2 Cross R over L, ¼ Turn right stepping back L (6:00)
- 3 4 Step R forward, Step L beside R
- 5 6 Cross R over L, ¼ Turn right stepping back L (9:00)
- 7 8 Step R forward, Step L beside R